

WHAT PARENTS NEED TO KNOW ABOUT PROM (AND THE AFTER PARTY)

Where's the risk?

...Not so much at school sanctioned events. Because schools are keen to avoid problems, many have security who can recognize and turn away guests who are under the influence of alcohol.



The After Party...

...is where problems occur. An informal party is often held after prom with little or no adult supervision. The presence of alcohol and lack of restrictions can lead to poor decisions and harmful consequences

90% of teens believe their peers are more likely to drink and drive on prom night



54% of students had 4+ drinks on prom night



THE RISK INCREASES WITH EVERY DRINK...



Canada's Low Risk Alcohol Drinking Guidelines suggest that teens delay their drinking, but if they do drink, limit their intake to two drinks on one occasion

TIPS FOR PARENTS

- ➔ Know where the party will take place
- ➔ Be available the night of prom - even if it means all night long!
- ➔ Agree on how long your teen can stay at the party
- ➔ Have your number on at least two friends' cell phones
- ➔ Make arrangements for how your teen will get home (without depending on a drive from a friend at the party)
- ➔ If your teen arrives home drunk, check on them as they sleep off

THIS YEAR, LET'S HAVE ALL TEENS ENJOY A SAFE AND FUN PROM NIGHT.

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